



Thursday 9th February 2023

Dear parent/carer,

SUBJECT: Headteacher’s Letter - February 2023

It’s been a frantic start to the Spring term, as always, but I am really proud of the pupils and staff for how they’ve risen and responded to the ongoing challenges of our post-Covid world. The resilience of pupils to get through minor ailments continues to improve and attendance is on the up. With the support of parents and carers, we can all help our young family to understand how the world of work and life works beyond school, so please continue to encourage youngsters to fight their way through the day.

Congratulations to two staff members who recently became parents for the first time! Miss Foreman and her partner had a baby before Christmas and Mr J Metcalfe and his partner had a baby just after Christmas. I was massively impressed by the kind thoughts and actions of some of our pupils as a result of these births. One pupil even knitted a little jumper for Mr Metcalfe’s baby as a random act of kindness! This brings me to my point: I would like to ask parents and carers to encourage their children to try and carry out random acts of kindness for others so that we all see how great the Risedale Family is. And actually doing such acts always gives the person doing it a sense of pride. Why not give it a go?



Finally, I would like to welcome Amanda Hastings to our governing body as our new parent governor. She has vast experience working with the school as a parent of a pupil who has now left Risedale and is studying at university, along with a child who is currently in Year 7. Thank you for joining us!

Future events / Save the date

- | | |
|-----------------------|--|
| 13 - 17 February | Half Term Holiday |
| Monday 20 February | Start of Spring Term 2 (pupils and staff return) |
| Wednesday 22 February | Y9 Immunisations TD/IPV-MenACWY |
| Tuesday 28 February | Strike action day NEU (Regional) |
| 15 - 16 March | Strike action days NEU (National) |
| Thursday 23 March | Y9 Consultation Evening |
| Thursday 30 March | Y9 Options Evening |
| 3 - 14 April | Easter Holidays |
| Monday 17 April | Staff Training Day |
| Tuesday 18 April | Start of Summer Term 1 (pupils return) |



>> Please visit our website for more information on important [Calendar and Term Dates](#) and [Exam Information](#) <<





Vaccination / Immunisation Reminders

On 9th January we sent a letter to parents/carers of pupils in Year 9 regarding the TD-IPV Men ACWY Immunisations taking place on 22nd February 2023. If you haven't already done so, please remember to give consent online. >> [LETTER: Y9 TD-IPV Men ACWY Immunisations](#)

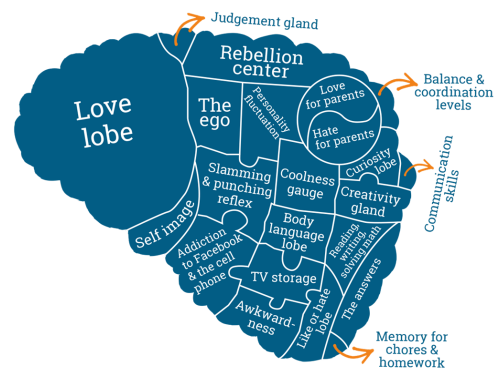
On 17th January we sent a letter to parents/carers of pupils in Years 8 and 9 regarding HPV Vaccinations taking place on 26th April 2023. If you haven't already done so, please remember to give consent online. >> [LETTER: Y8 & 9 HPV Vaccinations](#)

Upcoming FREE Event for parents/carers - 'The Teen Brain'

Want to learn more about The Teen Brain and strategies to support your child to navigate this period of their life? Then please join our School Counsellor, Lisa Smith, and Mental Health Trainer, Gemma Fieldsend, from the [Charlie Waller Trust](#) for a FREE workshop at Risedale School on 4th May 2023, 6pm - 7.15pm.

During this workshop Gemma will share with you

- What we know about the brain
- Hormonal changes that occur
- Teens and stress
- Support strategies



Refreshments will be provided. All parents/carers are welcome and we look forward to seeing you there. For more information about the session please email the School Counsellor, Lisa Smith at smith.l@risedale.org.uk

Health and Wellbeing

Get support for how you're feeling

Feelings change from day to day for most people and sometimes you might need help with what's going on inside your head.

Our **Young Person's Guide** can help you find the right support: www.thegoto.org.uk

The Go-To
For healthy minds in North Yorkshire

www.thegoto.org.uk

North Yorkshire County Council NHS

Are you a young person needing help with your mental health?

If so, please check out the 'Young Person's Guide' from The Go-To:

<https://buff.ly/3zyiGyz>

It's a fantastic resource with lots of helpful links including the 'Mini Marketplace' which offers social and emotional mental health support for children and young people in North Yorkshire:

<https://thegoto.org.uk/mini-marketplace/>

>> For more information you can also visit Risedale's dedicated [Health & Wellbeing](#) website page.



Cycle Safe at Risedale

We are really pleased that so many of our pupils are enjoying cycling to school. It's a great choice for the environment and is incredibly beneficial to their physical and mental health.

Please take the time to check your child's bike and make sure it is fit for riding.... regularly inspect brakes, tyres and lights.

We encourage all pupils to wear a helmet, be road safe, and lock their bikes when leaving them unattended in the bike rack area. The school accepts no responsibility for bikes whilst on school property.



Here are some useful tips from North Yorkshire Police to help tackle cycle crime:

- DO attend your nearest property marking event and get your bike marked and registered for free.
- DO take a photo of your bike. Record any distinguishing features as this can help us should it be stolen.
- DO make a note of your bike frame number. This is usually located on the underneath of the frame and pass this on if making a report of a stolen bike.
- DO report any bike thefts. If the theft has just occurred call 999 otherwise this can be reported to us using the online reporting tool on the North Yorkshire Police website.
- DO use a secure lock to lock your bike away when it is not being used. Remember two different types of locks always make the bike more secure.

Wishing you and your family a pleasant half-term holiday.

Yours sincerely,

Mr Colin D Scott
Headteacher

RAMP

RICHMONDSHIRE AREA MOTORCYCLE PROJECT

ABOUT

RAMP gives young people the opportunity to ride and learn about motorcycles in a safe environment. Participants are supported by a dedicated team of experienced volunteers who are keen to share their knowledge and skills to help young people improve their control, awareness, safety, speed awareness and bike maintenance. These skills will be tested on the last session when the group will go off road.

FOR AGES
13-19

DETAILS

4 week project (Saturdays)

10:00am - 2:00pm at Risedale Youth Centre

Cost: £50 (*This covers insurance and running costs*)

An application and consent form must be completed to receive your project dates.

This project is supported
by North Yorkshire Youth



For further details contact Kevin Mason on email: kevinfirefly@aol.com or call: 07900 033 736

Get into GOLF

At **Catterick Golf Club**



FREE FUN Golf Session.

Come join in the fun with our introduction to golf.

All equipment is provided and no Special clothing is required.

45 min fun coaching session, followed by refreshments in the Clubhouse!

**Saturday
4th March 2023
11 am**

To Book

**Call the Pro-shop on 01748 517172
or email
secretary@catterickgolfclub.co.uk**

CATTERICK GOLF CLUB LIMITED
Catterick Golf Club, Leyburn Road, CATTERICK GARRISON, United Kingdom, DL9 3QE

